

**Jennie Ellen Orr
2012 Cox and Palmer
Rookie RoadRunner of the Year**

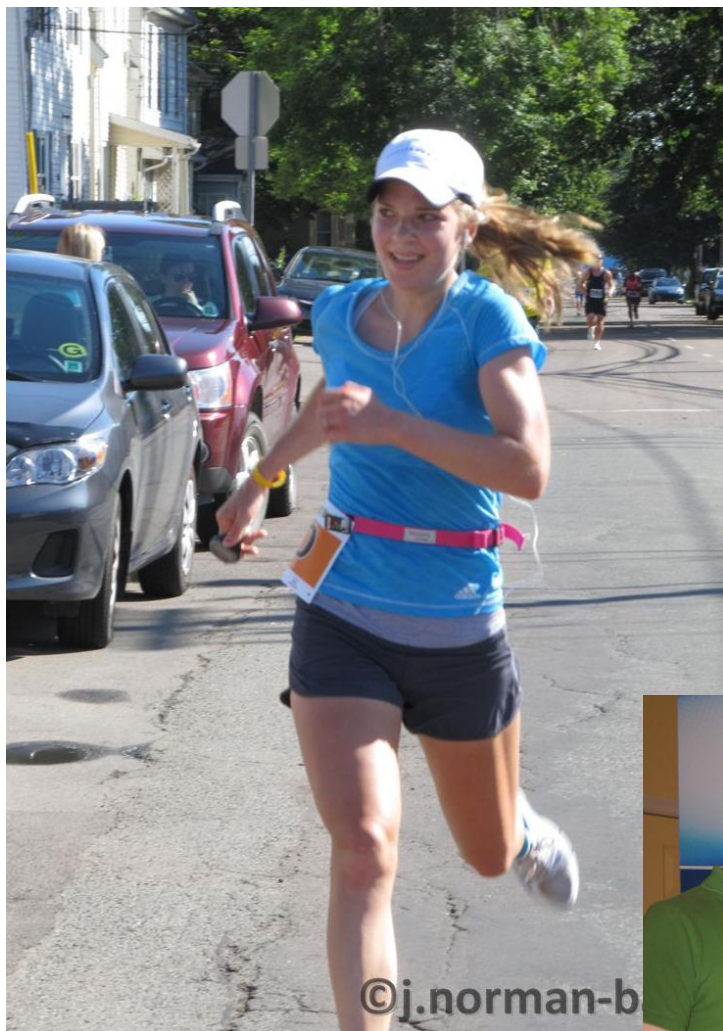


Most years ... the selection of the Rookie of the Year award is difficult ... but this year we felt there was a pretty obvious choice. When a rookie bursts onto the running scene (Like a Flash) and wins 5 races, and captures the Senior Points Championship, it makes the selection pretty easy. The 2012 Cox and Palmer Rookie of the Year award is presented to Jennie “Flash” Orr.

We mentioned a few of Jennie’s times earlier tonight ... but left perhaps the most impressive results for this award. As a rookie ... Jennie ran her first marathon at the Bluenose and finished as the 2nd fastest female in an amazing time of 3:34. To prove this was no fluke, she finished 3rd in the PEI Marathon in an amazing time of 3:25! She qualified for the Boston Marathon in her first attempt!

Jennie identifies strongly as a RoadRunner! She also embraced many of the social aspects of the Club ... taking part in many of the group training runs ... and sticking around for coffees afterwards ... or for water in





Jennie's case! She went out to run with and support Michael on his little jaunt across the Island. She volunteered at races when not running.

And just in case you think that she was simply blessed with natural talent ... well she was ... but she also works at it very hard ... and needs to learn the meaning of "rest day"!!

It is rare to find this level of maturity, dedication and sacrifice in someone so young (21), so it gives us great pleasure to present Jennie Ellen Orr with the 2012 Cox & Palmer Rookie RoadRunner of the Year award!



Congratulations Jennie! And best of luck in your run in Boston!!