

**Good Guys Auto Glass  
2012 Female RoadRunner-of-the-Year**

This year, the 2012 Female RoadRunner of the Year award is presented to Brenda Benson!

Brenda was an active member in the Club in 2012, with participation in at least 14 races. In 10 of those 14 races, she finished in the top 5 females, and in half those races she was

among the top three female finishers



**Interest in Running and Helping Beginners:**

In those races where she did not finish in the top five, it was because she was running with her kids, ensuring that they too find a love of running and living a healthy active lifestyle.

She is also known to sacrifice a faster time personally to run beside and support a friend who

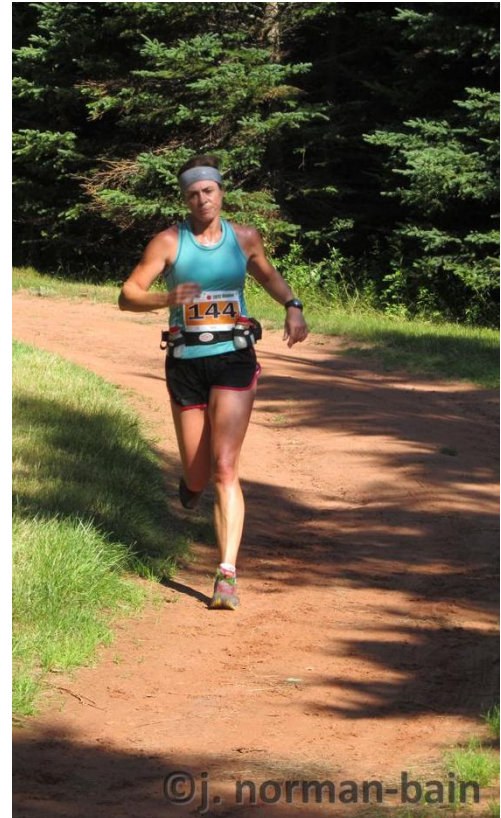
is training for a big race.

## **Training, racing and improvement:**

Brenda trains and races hard every time. How can you not, when Leo is there helping with the training and pacing some of her races.

## **Always gives her Best:**

In 2012 Brenda saved her best race for the Prince Edward Island Marathon finishing the marathon in an amazing time of 3 hours and 21 minutes. Another marathon highlight for Brenda was training with her good friend Carolyn Rowe-Turner for the 2012 Boston Marathon. The two trained together and ran every step of a blistering hot Boston Marathon together finishing with identical times.



Brenda is the kind of friend and running partner that you can always count on, and is always very humble about the great results that she achieves.

The PEI RoadRunners Club is pleased to present Brenda Benson with the 2012 Good Guys Auto Glass Female RoadRunner of the Year.

**Congratulations Brenda!**