## Devin Docherty 2011 Cox and Palmer Rookie RoadRunner of the Year



The Rookie of the Year award does not necessarily go to the Rookie with the fastest times, but to the Rookie that best exemplifies the RoadRunner spirit. There were several runners in close contention, but this year Devin Docherty was selected as the winner of the 2011 Cox and Palmer Rookie of the Year award.

Devin exemplified "Participation" in 2011, competing in at least 17 of our RoadRunner races this year. Devin

also took part in some of the social functions that is part of what it means to be a RoadRunner.

Devin exemplified "Commitment" and "Perseverance" training for, and completing his first marathon at the Bluenose in Halifax in 2011. Devin found out how tough a marathon can be on the legs. He decided to take a short walk back to his hotel after the marathon, and perhaps didn't realize just how slow he was moving. He was unable to make the crossing on Barrington Street in the usual time allotted by the street light. Facing the blaring car horns ... he pleaded ... "you don't understand what I have just been through!" Devin persevered ... and ran his second marathon at the Chicago Marathon. The Ottawa marathon is next ... and on Devin's ambitious bucket list is a marathon on every continent!



Devin exemplified the qualities of "Passion", "Caring" and "Support" for the running community. Despite being relatively new to running, Devin through his position with the Running Room, was able to provide encouragement, support and advice to the "newbies" who signed up for the Learn-to-Run programs. Devin injected his typical humour and positivity into these runs, and was always there with a big smile and a "high-five" at the end of the run. Devin provided an example that was easily identifiable for

these new runners. They saw what Devin was able to accomplish in just a couple of years, and it inspired many to push beyond what they thought they were capable of doing!

Devin ... we are pleased to have you as a new member of the RoadRunners Club, and are happy to present you with the 2011 Cox & Palmer Rookie RoadRunner of the Year award!

Congratulations Devin!