

Kim Bailey **2007 Wally Rodd - Female** **Roadrunner of the Year**



The PEI RoadRunners Club is please to present Kim Bailey with the 2006 Wally Rodd Female RoadRunner of the Year Award.

Assistance with Club Activities:
As we all know, Kim is an energetic and tireless worker on behalf of the Club. She has been a member of the Executive for a number of years. She also acts as

the race director for two RoadRunner Races, the Fulton Campbell and the Fall Frolic. Those who have participated in these races, recognize her organizational skills, as we get to enjoy both the races and the barbeques that follow. She goes out of her way to make the events special for everyone who participates.

Kim also donates many hours acting as the editor for our newsletter. We all enjoy her advice, recipes and articles, as well as her more philosophical view on running and on life in general. It is hard to down when you spend time with Kim.

Interest in Running and Helping Beginners:

The proceeds from one of her runs, the Fall Frolic, goes to MacIntyre House in Souris - a home for the mentally challenged. Kim's interest in spreading an interest in running is especially clear at this race. If we looked, I think over half the registrants would be related to Kim. Brothers and sisters, nieces and nephews and cousins are all there because of example and encouragement.

She is always enthusiastic and supportive of runners at all levels.

Training, racing and improvement:

Kim's running has just been remarkable this year. She has improved at all distances. This year she had a sub 22 minute 5K, a 45 minute 10K, the Harvest Festival run in 2 hours and completed 6-8 marathons this year that we can remember!! Her marathon time peaked at a 3hour 34 minute pace-way to go Kim!

Always gives her Best:

Kim is a great role model for us all. She always gives 110% effort, and she shows by example that running and physical exercise can be fun, and key component in a healthy lifestyle.

It gives us great pleasure to award Kim Bailey with the 2006 Wally Rodd Female RoadRunner of the Year.