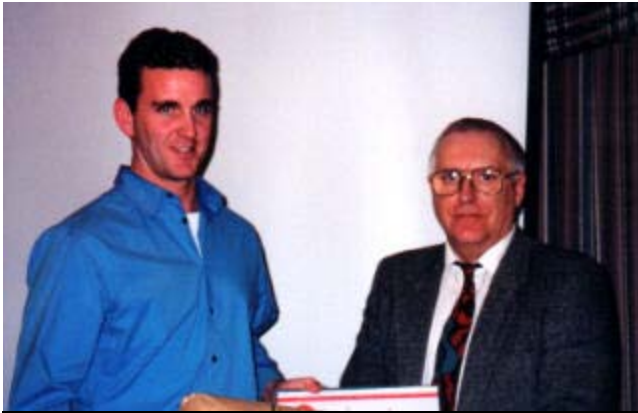


Jody Sanderson
Hashem's Variety
2000 Male RoadRace Champion
and
ADL / Sport PEI
Senior Male Achievement Award



(Barry MacWilliams, ADL, presents the award to Jody Sanderson)

Jody Sanderson, formerly of York Point is the Senior Male winner of the 2000 Hashems Variety Road Race Championship Series. Jody finished the year with a total of 168 points, narrowly beating out Calvin, Shawn and Chris, in what was a very competitive race season for the senior males.

Jody competed in 8 point races this year, finishing in the top six overall in 7 of the 8 races. He was the overall winner in two of the races and finished second in two others.

Jody combines both speed and endurance. He set a blistering pace of 5:06 to win the ADL Golden Mile, and won the Seamans 5 K in 17:19. At the 10 K distance, his best race was the DQ Bunny Hop, finishing in 35:32. In the endurance tests, his times were 1:17:05 in the Fulton Campbell 20 K, 1:24:21 in the Island Half Marathon and 1:42:14 in the Harvest Festival 25 K. Jody's average pace per mile was 6:18.

Jody was a dedicated supporter of our Club races, travelling over from Dartmouth to compete in our races. Unfortunately, Jody has moved to Toronto, but we hope we might see him in a few of our races when he comes home for vacations.

Congratulations Jody on a great racing season in 2000.